

THE EFFECTS OF PROPER BODY pH BALANCE

When your body pH is balanced the cells in your body will oxygenate and cause you to heal at a phenomenal rate. Cancer cells put in a test tube with acidic fluids will multiply. Put those same cancer cells in a test tube with alkaline fluids and they die. When the fluid inside a cell becomes acidic it will melt down the components that make the cell healthy. When this happens, the DNA, the code for structuring your body, and the RNA, the body's messenger, are no longer able to properly communicate with each other. This opens the door to developmental problems such as cancer. With a proper body pH balance your body will allow this code to send messages properly. When you have proper body pH balance, the body will eject toxins. This reaction has many names such as detoxification, reactivation or healing crises. When you first begin to achieve a proper body pH balance you will have a reaction. Your body will neutralize acids and expunge poisons which may cause you to feel weak and shaky, urinate frequently, experience slight headaches, sore joints and tender muscles. This is caused by the toxins leaving the body. Your bath water may even darken from the mercury coming out of your body. These are all normal reactions to detoxification and will only last for a few days.

THE EFFECTS OF IMPROPER BODY pH BALANCE

Acidic conditions in the body will cause you to have low energy and to "not feel good" in general. Acidic conditions will cause a poor immune system, making you less resistant to sickness (colds, flu etc.). Acid hinders the body's ability to absorb oxygen, vitamins and minerals. Lack of oxygen intake will slow down the metabolism and an acidic body cannot lose weight and keep it off. Some of the more common symptoms associated with acid conditions are Chronic Fatigue, allergies, ADD, ADHD, ear problems, and upper respiratory problems. If the body's pH balance gets very far out of balance the body will pull alkalizing minerals from your bones. This will help lower the acid in your body but leaves the bones weak leading to osteoporosis and gout.

HOW TO ACHIEVE PROPER BODY pH BALANCE

Your gall bladder produces bile which is an alkalizing agent to decrease the acid in your body. With today's diets, most people take in more acid than the gall bladder can neutralize. You can control your body pH balance by drinking plenty of water, limiting the amount of red meat you eat, not drinking soft drinks of any kind including diet and caffeine free (soft drinks are EXTREMELY acidic), and by making the fluids you consume more alkaline. Water in general has a neutral pH of around 7.0 when it is not polluted with chemicals.

For More Info Please Visit: www.xpertonutrition.yourbodyiswater.info AND
www.xpertonutritionnc.com/alkaline-water.htm

If You Would Like to Learn How You Can Purchase Your Own Machine to Produce Alkalized Alkaline Water at Home Anytime You Need Please Contact our Kangen Water Representative:

Janine Jannicelli

919-676-5231

TheBetterWayToLive@gmail.com

www.BetterWaterBetterLife.net

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Xpert Nutrition
3825 S. Roxboro St.
Durham, NC 27713
(919) 484-1290

www.Facebook.com/XpertNutritionDurham
www.Facebook.com/XpertNutritionRaleigh
www.Instagram.com/xpertonutrition
www.Twitter.com/Xpert_Nutrition

Xpert Nutrition
6325 Falls of Neuse Rd.
Raleigh, NC 27615
(919) 872-1862